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CASE STUDIES (all names and some case details have been changed to preserve confidentiality).

### **Changing Career**

**Lisa** realised over the course of our sessions, that she could no longer live her life trying to keep her mother happy. Becoming a writer was her secret ambition. Ignoring her mother's statement that "girls should get married" and that "writing is not a proper job", she went on to show one of her scripts to a famous film director.

The movie came out this year and was a success. Now Lisa is working on a novel.